

16th Annual Neonatal Nursing Symposium

Thursday, May 9, 2019

Ruth and Tristram Colket, Jr. Translational Research Building on the Raymond G. Perelman Campus

This one-day program will provide neonatal nurses with the most up-to-date information on a variety of complex physiological and developmental neonatal issues. Research and technology are consistently expanding, and this program will review some of the latest therapies used to care for sick neonates.

Learn more: chop.cloud-cme.com



COURSE OVERVIEW

This one-day program will provide neonatal nurses with the most up-to-date information on a variety of complex physiological and developmental neonatal issues and will review some of the latest therapies used to care for sick neonates.

GENERAL INFORMATION

The conference will be held on the first floor of the Ruth and Tristram Colket, Jr. Translational Research Building on the Raymond G. Perelman Campus. The registration fee includes buffet breakfast, breaks, lunch and parking. As part of our going green initiative, syllabus material will not be distributed at the conference, but will be available online at chop.cloud-cme.com.

COURSE OBJECTIVES

Upon completion of this course, participants should be able to:

1. Discuss known effects of marijuana and associated adverse health outcomes
2. Provide basic science evidence suggesting that breastfeeding and concurrent maternal marijuana use could pose harm to the breastfed infant
3. Review the development of the human gut microbiome including the contribution of mother's milk
4. Describe the clinical benefits of pre- and probiotics in newborns and infants
5. Discuss how nurses have the power to make an impact on families in the NICU
6. Describe the difference between complementary and alternative therapies
7. Review vaccine-related controversies that commonly result in vaccine hesitancy/refusal
8. Discuss approaches for addressing vaccine-related concerns

REGISTRATION FEE: \$125

The registration fee includes registration materials, continental breakfast, lunch, breaks and parking.

CONTINUING NURSING EDUCATION APPROVED PROVIDER STATEMENT

Children's Hospital of Philadelphia is an approved provider of continuing nursing education by the Pennsylvania State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

HOTEL ACCOMMODATIONS

A block of rooms has been reserved at the Sheraton University City Hotel, located three blocks from the hospital. The group rates are \$239 single and double occupancy, plus a 16.37 percent room tax. To make reservations, contact the Sheraton University City Hotel directly at 888-627-7071, and be sure to mention the name of the conference when making your reservations. The special rate will be available until Friday, April 26, 2019.

CANCELLATION AND REFUND POLICY

Children's Hospital of Philadelphia reserves the right to cancel or postpone any course due to any unforeseen circumstances. In the event of cancellation or postponement, Children's Hospital of Philadelphia will refund any registration fees, less a \$30 service charge, but is not responsible for any related costs, charges or expenses to participants, including cancellation charges assessed by airlines/travel agencies. In order to process refunds for course withdrawals, cancellation must be received in writing by Friday, April 26, 2019. No refunds will be issued thereafter.

SERVICES FOR PEOPLE WITH DISABILITIES

If special arrangements are required for an individual with a disability to attend this meeting, please contact the Continuing Medical Education Department at 215-590-5263 or via email at **CMEOFFICE@email.chop.edu** at least two weeks in advance so we may provide better service to you during the conference.

 Register online at
chop.cloud-cme.com

PROGRAM — THURSDAY, MAY 9, 2019

- 7:15 a.m.** **Registration and Buffet Breakfast**
- 8 a.m.** **Welcome**
- 8:15 a.m.** **Marijuana Use and Breastfeeding: Does the Precautionary Principle Apply?**
Esther K. Chung, MD, MPH
- 9:15 a.m.** **Mindfulness in the Workplace**
Vicki Amon, BS, NBC-HWC
- 10:15 a.m.** **Break/Vendors**
- 10:45 a.m.** **Pre- and Pro-biotics for Neonates and Infants**
Lindsey Albenberg, DO
- 11:45 a.m.** **LUNCH**
- 12:45 p.m.** **Empowering Nurses to Make a Lasting Impact**
Martha and Paul Sharkey
- 1:45 p.m.** **Break/Vendors**
- 2:15 p.m.** **Addressing Vaccine Hesitancy and Refusal in the Age of Dr. Google**
Heather Monk Bodenstab, PharmD
- 3:15 p.m.** **Is There a Place for Essential Oils in the NICU?**
Kami Schaal, RN, BSN, CHPN, CWOCN
- 4:15 p.m.** **Adjourn**
Program Evaluation

Unless otherwise noted, faculty are from Children's Hospital of Philadelphia and/or the Perelman School of Medicine at the University of Pennsylvania.

COURSE DIRECTORS

Lauren Heimall, MSN, RNC, PCNS-BC
Neonatal Clinical Nurse Specialist

Kristen Gerhardt, MSN, RNC
Neonatal Education Nurse Specialist

COURSE PLANNING COMMITTEE

Nancy Dixon, BSN, RNC
Clinical Nurse Expert

Heather Hopkins, BSN, RNC
Clinical Nurse Expert

Trish Hunt-Kada, MSN, RN
Neonatal Education Nurse Specialist

Elizabeth McCarthy, MSN, RNC
Neonatal Education Nurse Specialist

Stephanie Murphy, MSN, RNC, PCNS-BC
Clinical Nurse Specialist

Lauren Stracuzzi, MSN, RNC, ACCNS-P
Clinical Nurse Specialist

COURSE FACULTY

Lindsey Albenberg, DO
*Center for Pediatric Inflammatory Bowel Disease
Division of Gastroenterology, Hepatology and Nutrition*

Heather Monk Bodenstab, PharmD
*Clinical Specialist, Newborn/Infant Intensive Care Unit
Adjunct Professor, Wilkes University Nesbitt School of Pharmacy
Adjunct Professor, Thomas Jefferson University School of Pharmacy*

GUEST FACULTY

Vicki Amon, BS, NBC-HWC
RedBrick Health, Onsite Wellness Coordinator

Esther K. Chung, MD, MPH
*Professor of Pediatrics, SKMC of Thomas Jefferson University
Nemours duPont Pediatrics – Philadelphia*

Kami Schaal, RN, BSN, CHPN, CWOCN
*Wound, Ostomy and Continence Nurse, University of Pennsylvania Health System
Owner, The Essential Couple, LLC*

Martha and Paul Sharkey
Founders, Today is a Good Day